

Join us on Wednesday October 15, 2008

For a full day seminar:

DEFEATING ANXIETY

**Fifteen Powerful Cognitive, Emotive and Behavioral Techniques for
Defeating Anxiety and other Coexisting Conditions.**

Presented by: William Knaus, Ed.D.

Dr. William Knaus brings 38 years of experience in the area of cognitive-behavioral and rational emotive behavioral therapy. He is a three time best selling author of 15 books and numerous articles. His three most recent books are on cognitive behavioral approaches for procrastination, depression and anxiety. Dr. Knaus has also appeared on national television and his work has been published in major US newspapers and national magazines.

Continental Breakfast and a Buffet Lunch are included in this full day event.

SAVE \$\$\$\$

Register before 10/1/08.

See attachments for details on location, continuing education credits and registration information.

Any questions, call Sue at (413) 283-1304 or Rocky at (413) 283-1315